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# The Unitor

Exchange Club of Tuscaloosa  
Chartered February 9, 1923 • Affiliated with the National Exchange Club  
[www.tuscaloosaexchangeclub.org](http://www.tuscaloosaexchangeclub.org)

Thursdays at Noon • Indian Hills Country Club • In service to community, state, and nation

November 1, 2018



⇐ **TODAY**

During our program today, we will learn more about the 5K run to benefit services to Veterans. *Tuscaloosa Runs for Veterans* will be held on Saturday, November 10, 2018, 8:00-10:00 a.m. This is the West Alabama Chamber of Commerce Veterans Affairs Committee's 3rd Annual Run to provide support to local charities including Tuscaloosa Veterans Memorial Park, Tuscaloosa VA Medical Center Homeless Shelter, and the University of Alabama/Shelton State Community College Emergency Relief Fund which provides assistance to veteran students in dire financial need.

100% of entry fees will benefit these military affiliated organizations. *Tuscaloosa Runs for Veterans* 5K will be held at the Tuscaloosa VA track, beginning and ending at the MacAbee Center at 3701 Loop Rd.

Registration will start at 7:00 a.m. and the run will begin at 8:00. Pre-Registration: \$20 (Tuscaloosa Track Club members \$15). **On Site Registration: \$25.**

**3rd Annual Tuscaloosa Runs for Veterans Run/Walk 5K**  
**Sat, November 10, 2018, 8:00 AM – 10:00 AM CST**

**November Programs**

- |              |                                       |                                 |
|--------------|---------------------------------------|---------------------------------|
| <b>11/1</b>  | BG Randy Gelwix; David Blari; Spencer | Tuscaloosa Runs for Veterans 5k |
| <b>11/8</b>  | Dr. Leroy Hurt                        | UA Continuing Studies           |
| <b>11/15</b> | Chris Williams                        | Rachel Williams Foudnation      |
| <b>11/22</b> | <b>Thanksgiving Day</b>               | <b>No Meeting</b>               |
| <b>11/29</b> | To be Announced                       |                                 |



Exchangite volunteers at 2018 Great Tuscaloosa Chili Cookoff: Larry O'Neal, Candice Burge, Nan Glaus, and Rob Robertson

**Countdown  
to Chili Cookoff  
(Saturday, Feb 9, 2019)**

**14 Weeks**

Sponsored this week by

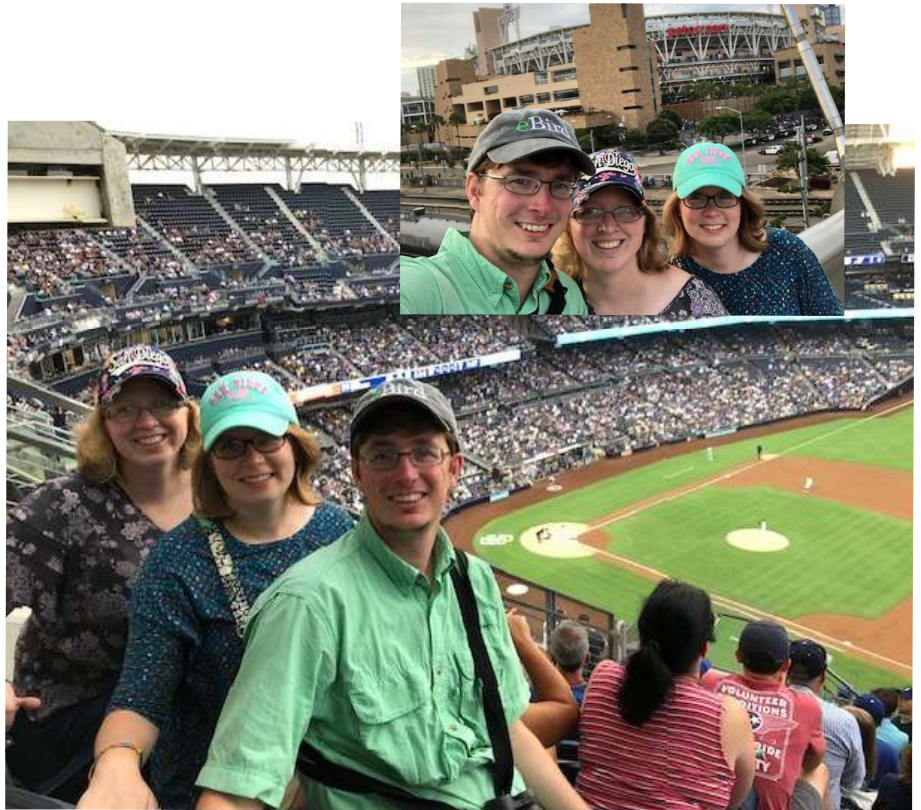
**OLLI**



Linda Jackson	5-Nov
Bob Lundell	8-Nov
Alan (AJ) Martin	9-Nov
Orman Wilson	15-Nov
Nicolas Britto	18-Nov
Susan Snowden	18-Nov
Evans Fitts	20-Nov
Ardis Hancock	20-Nov
Rob Robertson	23-Nov
Quinn Roe	29-Nov
Ken Swindle	29-Nov
Brock Jones	13-Dec
Dexter Hancock	29-Dec

Sam Gambrell provides the birthday list

Send member news and photos  
to Linda Jackson, Editor, at  
[ljackson@ua.edu](mailto:ljackson@ua.edu)



**Betsy Jarnigan** (in blue shirt and aqua hat) with her sister, Julie, and brother Wesley watching the LA Dodgers play the Padres last summer in San Diego, CA, at Petco Park. “We changed our plans to make sure we caught the game Clayton Kershaw pitched,” she said. “LA won 8-2. Since our Cardinals team didn’t make the playoffs, I guess we’re rooting for the Dodgers to win the World Series since we saw them play in July.”

**Share YOUR vacation pictures!**



LEFT (screen shot): No secret where **Jim Sledge** and his wife Tia were on the third Saturday in October. As seen on television [and recorded by Betsy!], they were in Knoxville watching Bama beat the Vols. Looks like the Million Dollar Band seated right behind them may be a little too loud. I notice Tia is plugging her ear. Jim could look happier since the score is 58-21 as he was captured on camera.

**Send your photos and stories to share with those of us who lead more boring lives!**  
*(even if it's not televised!)*